

## Optimist Club Members receive as much as they give:

- The fellowship of people who get things done and the example they set for embracing a similar optimistic mindset
- New social and working relationships with individuals from a cross section of our communities
- The opportunity to develop and demonstrate leadership skills locally, regionally, nationally, and internationally
- And the satisfaction of making a difference in lives of children as well as our communities

Whether you are searching for an outlet to help your community, personal development, or rewarding camaraderie, you'll find what you're looking for in your local Optimist Club.

Members become more tolerant and empathetic to the needs of their community.

## The OPTIMIST CREED

### Promise Yourself-

- ◆ To be so strong that nothing can disturb your peace of mind.
- ◆ To talk health, happiness and prosperity to every person you meet.
- ◆ To make all your friends feel that there is something in them.
- ◆ To look at the sunny side of everything and make your optimism come true.
- ◆ To think only of the best, to work only for the best, and to expect only the best.
- ◆ To be just as enthusiastic about the success of others as you are about your own.
- ◆ To forget the mistakes of the past and press on to the greater achievements of the future.
- ◆ To wear a cheerful countenance at all times and give every living creature you meet a smile.
- ◆ To give so much time to the improvement of yourself that you have no time to criticize others.
- ◆ To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



### The Progressive Optimist Club of Barbados



### Mission Statement:

By providing hope and positive vision, Optimists Bring out the Best in youth, communities & ourselves.



### The Progressive Optimist Club of

**Barbados** meets every first Monday of the month at the Lloyd Erskine Sandiford Centre (LESC), Two Mile Hill, St. Michael. Starting with refreshments at 5:30pm & meeting at 6pm.

For more information please contact:

- ◆ [Info@ProgressiveOptimist.org](mailto:Info@ProgressiveOptimist.org)
- ◆ [www.ProgressiveOptimist.org](http://www.ProgressiveOptimist.org)

Or write us at:

P.O. Box 65, Welches St. Michael, Barbados

## HISTORY

The **Progressive Optimist Club of Barbados** is a volunteer organization of private and public sector individuals formed with a mandate to advance the Optimist International goal of “Bringing out the Best in Children”.

The Club was officially formed on May 27, 2010. Member volunteers give of their time and skills towards making a positive differences in the lives of our youth, our communities and themselves in a variety of existing, innovative and exciting ways. **We need your help!**

### PROGRESSIVE HOME GROWN PROJECTS



A vision care project successfully piloted at the Bay Primary School in St. Michael in 2012.

The project test the vision of students from class 3 & 4 in primary schools. Children with questionable quality of vision are referred to a specialist.

If it is determined that the child requires glasses, he is provided with them at a significantly discounted price. Additionally, in cases where the family cannot afford the cost of the examination and glasses, our Club covers that cost.

**PROGRESSIVE 20/20** has been adopted by all clubs in the island in an effort to reach more children.

This project has the approval of the Ministries of Education & Health.



A program starting in early June where we collect new & pre-owned in good condition school uniforms, shoes and school supplies from the general public and the business community for distribution to children and families in need on the last two Saturdays of August.



**RURAL FAMILIES:** Our club adopts at any one time four needy families in rural Barbados. We provide them with assistance in the form of food, tours, clothing, education, counselling, etc. for the children & their parents.

**CANCER CHEER:** We adopt children with Cancer, and work with both the child and his/her parents to help make life better in any way we can. The **GOLD BUTTON** drive is our Cancer Cheer education and fundraising tool.



### OPTIMIST INTERNATIONAL PROJECTS



## Internet Safety



- Member development & social activities programs
- Members run an Internet Safety & Respect for Law program primarily for class 3 & 4 primary students.
- Members organise and assist in Community development projects & programs at the Parkinson Community Center.
- Renovation/Refurbishment/Upgrade of Schools, Nurseries & Children Homes
- Environmental & Energy Awareness projects involving our youth

### PURPOSES OF THE OPTIMIST CLUB

- \* To develop Optimism as a philosophy of life utilizing the tenets of the optimist Creed;
- \* To promote an active interest in good government and civic affairs;
- \* To inspire respect for the law;
- \* To promote patriotism and work for international accord and friendship among all people;
- \* To aid and encourage the development of youth, in the belief that the giving of one's self in service to others will advance the well-being of humankind, community life and the world.

- Optimist International